

# FoodService

*Nova Scotia Owned and Operated*



*Full Food Service  
Distributors*



Now Servicing  
New Brunswick and PEI

**Pricing valid June 1st to 30th, 2018**










ITEM #	MAIN COURSE	CASE	PORTION	KG
<b>DELI</b>				
113145	Reg Smoked Ham		11 kg avg	\$3.90
123596	Deli Pepperoni		2 kg avg	\$5.25
122490	Cooked Ham Loaf 4 x 6		5.4 kg avg	\$5.25
<b>CHICKEN</b>				
170305	Chicken Finger Galco	\$52.00	2 x 2 kg	
10571	Chicken Breast Bites	\$63.00	2 x 2 kg	
118637	Turkey Breast Roast		3 x 2.2 kg	\$13.60
117565	Bulk Split Chicken Wings	\$28.80	5 kg	
187100	Plain Wings Fully Cooked (70-90 ct)	\$52.00	4 kg	
515000	Chicken Breast BNLS Random 15%	\$27.00	4 kg	
117492	Boneless Chicken Thighs	\$29.90	4 kg	
<b>BEEF</b>				
121010	Diced Beef Eastern		5 kg	\$8.82
101275	RB Striploin Steak Eastern CC 20 x 275 GM	\$190.00	5.5 kg	
850028	Emp Char Burgers 24 x 6 oz	\$36.00	4.8 kg	
128100	Bacon Wrapped Tenderloin 50 x 100 gm	\$155.00	5 kg	
160115	Tasty Burger Eastern Eastern 40 x 113 gm	\$29.00	5.3 kg	
121166	Veal Insides		25 kg avg	\$15.06
<b>EXTRA / EXTRA</b>				
113077	Sweet Heat Bacon	\$38.50	5 kg	
124317	Pulled Smoked Beef Brisket Lesters	\$19.20	4 x 1 kg	
112911	St. Louis Cooked Ribs		5 kg (15 pc)	\$13.50
<b>SAUSAGE TO GO</b>				
113339	Chorizo Dinner Sausage	\$32.00	5 kg	
360260	6.5" Wieners 7 lb Lesters	\$36.50	2 x 3 kg	
124574	All Beef Hotdogs 7" 8 lb Schneiders	\$47.65	5.45 kg	

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**We Reserve the right to correct any pricing errors.**  
**All prices are subject to stock availability.**  
**OH Armstrong branded products only available in Nova Scotia**

	ITEM #	DESCRIPTION	PACK SIZE	SALE PRICE
	31105	Soft Margarine Non-Hydrogenated	10 kg	\$34.72
	181356	Whip Topping	12 x 1L	\$46.99
	102015	Clear Portion Cup Plastic 2 oz.	10 x 250	\$55.11
	214873	Clear Portion Lid Plastic 2 oz	2500's	\$48.65
	170347	Kentucky Chicken Tenders Partially Fried	4 kg (70-85 ct)	\$49.83
	6124	Island Creamy Coleslaw	5 kg	\$24.52
	117287	Partially Fried Chicken Bites 120-140 CT	4 kg	\$54.56
	155795	Sesame Seed Hamburger Bun	96 x 75 gm	\$45.59

## Special Limited Quantities

	155234	5" Pizza Crust	120 x 64 g	\$28.76
	674895	Small Twist Freezer Bags	24 x 30's	\$27.90
<b>Generic</b>	110599	Summer Windshield Wash	4 x 3.78 L	\$9.82
	180999	Ice Cream Scoop #20	1 x 1	\$5.00
	374	Wrapped Bathroom Tissue 1 Ply	1 x 48	\$35.64
	870259	3" White Taster Spoon	1 x 3000	\$76.76
	319712	French Vanilla Cappuccino RealCup	4 x 24	\$43.72
	207333	Hawaiian Salted Caramel Syrup	12 x 700 ml	\$119.36
	960002	4% Long Grain Broken Rice	1 x 20 kg	\$17.90

ITEM #

DESCRIPTION

PACK SIZE

SALE PRICE

## Special Limited Quantities



13597

Pumpkin Spice Donut TNS

84 x 2.5 oz

\$52.01



923048

Spinach Feta Potato Perogy

160 x 5.5 kg

\$18.89



665212

Instant Beef Gravy Mix

1 x 12 lb

\$48.64



703460

Ground Mint

1 x 160 g

\$9.16

706230

Ground Cumin

1 x 2.27 kg

\$27.20

703980

Celery Seed

6 x 455 gm

\$37.82

707025

Dill Weed

1 x 65 kg

\$21.02

703999

Cumin Seed

1 x 488 g

\$10.83



232515

Pink Liquid Dish Detergent Bottles

12 x 950 ml

\$28.03



2412

8" Pizza Box Corrugated

50's

\$13.71

**Swiss Treat**

208007

Swiss Treat Hot Chocolate

2 x 50 x 25 g

\$31.65

We're on  
the Web!

Please visit our  
new & improved website . . .

[www.oharmstrong.ca](http://www.oharmstrong.ca)

Now Servicing New Brunswick and PEI

