

# FoodService

*Nova Scotia Owned and Operated*



*Full Food Service  
Distributors*



Now Servicing  
New Brunswick and PEI

**Pricing valid December 1st to 31st, 2017**



| ITEM #               | MAIN COURSE                                  | CASE     | PORTION      | KG      |
|----------------------|--|----------|--------------|---------|
| <b>DELI</b>          |  |          |              |         |
| 123790               | Roast Beef Well Done                         |          | 2 kg avg     | \$13.20 |
| 113014               | Back Bacon                                   |          | 2 kg avg     | \$7.85  |
| 113457               | Boneless Smoked Round Ham                    |          | 2 x 2 kg avg | \$6.10  |
| <b>CHICKEN</b>       |  |          |              |         |
| 46927                | Chicken Breast Fillet 42 x 96 gm Olymel      | \$65.00  | 4 kg         |         |
| 10571                | Chicken Breast Bites Reuven                  | \$63.00  | 2 x 2 kg     |         |
| 10610                | Chicken Breaded Karaage Reuven               | \$65.00  | 2 x 2 kg     |         |
| 118637               | Turkey Breast Roast Butterball               |          | 3 x 2.2 kg   | \$13.00 |
| 701263               | Spicy Chicken Breast Burger Olymel           | \$40.00  | 4 kg         |         |
| 187100               | Plain Wings Fully Cooked (70-90 ct) Exceldor | \$50.00  | 4 kg         |         |
| 515000               | Chicken Breast BNLS Random 15%               | \$30.00  | 4 kg         |         |
| <b>BEEF</b>          |  |          |              |         |
| 121010               | Diced Beef Eastern                           |          | 5 kg         | \$8.82  |
| 117225               | Red Brand Ribeye Steaks 20 x 255 GM          | \$159.00 | 4.5 kg       |         |
| 850028               | EMP Char Burgers 24 x 6 oz                   | \$36.00  | 4.8 kg       |         |
| 128100               | Bacon Wrapped Tenderloin 50 x 100 gm         | \$157.00 | 5 kg         |         |
| 160115               | Tasty Burger Eastern 40 x 113 gm             | \$32.00  | 5.3 kg       |         |
| <b>EXTRA / EXTRA</b> |  |          |              |         |
| 122006               | Sizzling and Sweet Pork Jerky                | \$30.80  | 1 kg         |         |
| <b>SAUSAGE TO GO</b> |  |          |              |         |
| 113345               | Italian Sausage                              | \$25.70  | 5 kg         |         |
| 360260               | 6.5" Wieners 7 lb Lesters                    | \$35.25  | 2 x 3 kg     |         |

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**We Reserve the right to correct any pricing errors.**  
**All prices are subject to stock availability.**  
**OH Armstrong branded products only available in Nova Scotia**

ITEM #

DESCRIPTION

PACK SIZE

SALE PRICE



182575

Pizza Flour

20 kg

\$17.06

182390

Tea Biscuit Mix

20 kg

\$43.75



208129

Exclusive Blend

64 x 2 oz

\$81.24



8166

Cream of Potato Soup

3 x 4 lb

\$41.00

23436

Klondike Chili

3 x 4 lb

\$41.00

91636

Puff Pastry Sheets

15" x 10" (20)

\$52.00



159207

2" Tart Shells

240 x 2"

\$37.65



162842

10" Chocolate Pie

4 x 10"

\$26.50

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the Web!

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[www.oharmstrong.ca](http://www.oharmstrong.ca)

Now Servicing New Brunswick and PEI



|   | ITEM # | DESCRIPTION                         | PACK SIZE        | SALE PRICE |
|---|--------|-------------------------------------|------------------|------------|
|     | 21851  | Prune Juice Concentrate 3+1         | 12 x 1 LT        | \$94.21    |
|     | 105915 | Spanakopita                         | 2 x 24 PC (84gm) | \$43.18    |
|     | 7822   | Dressing 1000 Island                | 2 x 3.78 L       | \$33.88    |
|    | 232515 | Pink Liquid Dish Detergent Bottles  | 12 x 950 ml 3969 | \$28.84    |
|    | 100392 | Cleaner Oven Spray                  | 6 x 600gm        | \$40.36    |
|     | 169035 | Sorbet Rainbow                      | 11.4 LT          | \$18.89    |
|     | 109871 | Bettercreame Smores Icing           | 4.5 kg           | \$38.57    |
|    | 94107  | Crisp Apple 8" BNS                  | 6 x 8"           | \$21.02    |
|    | 93176  | Coffee Tasters Choice Instant Stick | 6 x 80 x 1.7 G   | \$73.35    |
|   | 208272 | Coffee French Vanilla               | 20 x 2 oz        | \$23.68    |
|   | 196322 | Clamato Easy Open Can               | 24 x 162 ml      | \$15.00    |
|   | 181243 | Butter Unsalted Sheet               | 10 x 907 g       | \$141.71   |
|   | 202133 | Pasta Rigatoni                      | 12 x 900 g       | \$42.84    |
|  | 192180 | Pear Halves With Pear Juice         | 6 / 2.84 L       | \$53.00    |
|   | 191180 | Fruit Cocktail Cup / Pear Juice     | 24 x 113 ml      | \$20.27    |
|   | 191176 | Apricot Halves In Natural Juice D   | 6 x 2.84 LT      | \$48.31    |
|  | 164097 | Breaded Garlic Mozza Sticks M       | 5 lb             | \$38.89    |
|   | 172642 | Breakfast Browns Skin-on            | 30 lb            | \$29.96    |
|   | 122455 | Strips Bamboo Shoots                | 6 x 2.84 L       | \$31.65    |