

FoodService

Nova Scotia Owned and Operated



*Full Food Service
Distributors*







Now Servicing
New Brunswick and PEI

Pricing valid August 1st to 31st, 2018



ITEM #	MAIN COURSE	CASE	PORTION	KG
DELI				
122840	Smoked Skinless / Shankless Ham OHA		8 kg avg	\$4.85
123596	Deli Pepperoni OHA		2 x 2 kg avg	\$5.21
CHICKEN				
643120	Chicken Souvlaki Maple Leaf	\$71.25	2 x 2 kg	
515000	Chicken Breast BNLS Random 15%	\$31.50	4 kg	
170762	FC Roaster Wings Plain Olymel	\$60.25	4 kg	
BEEF				
121010	Diced Beef Eastern		5 kg avg	\$9.25
100225	RB Striploin Steak Eastern 20 x 225 GM	\$127.50	4.5 kg	
101275	RB Striploin Steak Eastern CC 20 x 275 GM	\$190.00	5.5 kg	
107150	RB Top Butt Steak 32 x 150 GM	\$95.00	4.8 kg	
128100	Bacon Wrapped Tenderloin 50 x 100 gm	\$160.00	5 kg	
160115	Tasty Burger Eastern Eastern 40 x 113 gm	\$32.00	5.3 kg	
202191	Donair Cones Bonte		4 x 4.5 kg avg	\$11.12
EXTRA / EXTRA				
113077	Sweet Heat Layer Bacon OHA	\$52.00	5 kg	
113092	Ground Bacon Ends OHA	\$23.50	5 kg	
112911	St. Louis Ribs Olymel FC		5 kg avg	\$15.40
164005	Button Bones Maple Leaf	\$68.00	6 x 1 kg	
SAUSAGE TO GO				
113235	Apple Breakfast Sausage OHA	\$27.30	5 kg	
360260	6.5" Wieners 7 lb Lesters	\$34.25	2 x 3 kg	
360075	Tony's Breakfast Sausage	\$30.70	5 kg	

Pricing valid August 1st to 31st, 2018
We Reserve the right to correct any pricing errors.
All prices are subject to stock availability.
OH Armstrong branded products only available in Nova Scotia

ITEM #	DESCRIPTION	PACK SIZE	SALE PRICE	
 36001	Plain Chicken Wing Steamed FC	5 x 2 kg	\$107.96	
 18814	Cinnamon Crunchies 125g	16 x 750 G	\$94.39	
 5060	White Creamy Coleslaw	5 kg / Pail	\$24.52	
	19187	Batter Italian Cheese Bites	2 kg	\$29.47
	174247	Spicy Battered Onion Petals	1 x 4 kg	\$31.14
	22728	Onion Rings Portioned Pack	40 x 6 oz	\$43.74
	22725	Onion Rings Portioned Pack	60 x 4 oz	\$43.74
	19107	Breaded Pickle Spears	1 x 5 lb	\$15.15

Special Limited Quantities

	171098	Diced Supercrisps Savoury	6 x 2.27 kg	\$58.83
	172108	Fresh Chill Diced Potato	6 x 2 kg	\$38.16
	206700	Red Shrimp 21-25 CT	12 x 1 lb	\$129.87
	350700	Rich's Traditional Pizza Crust Par Baked 16"	14 x 18 oz	\$40.52
	703423	Italian Seasoning	6 x 300g	\$49.67
	202108	Onion Flakes	20 kg	\$150.92
	704080	Whole Fennel Seed	1 x 450g	\$7.49
Generic	749200	Grain Bread Seed Topping	10 kg	\$40.21
	111974	Semolina Fine Wheat	10 kg	\$23.42
	207383	Hot Topping Fudge - To Heat	2 x 100 oz Can	\$39.60
	960002	Long Grain Rice 4% Broken	20 kg	\$17.90

ITEM #

DESCRIPTION

PACK SIZE

SALE PRICE

Special Limited Quantities

Generic

110599

Summer Windshield Wash

1 x 3.78 LT

\$1.25



181243

Butter Unsalted Sheet

10 x 907 g

\$125.00



311421

BBQ Crispers

12 x 70 gr

\$15.26

310751

All Dressed Crispers

12 x 70 gr

\$15.10



1709

Lemon Lavender Cheesecake

30 x 3.7 oz

\$75.57



155304

Junior Sliced Hamburger Bun 3.5" TNS

96 x 43 GR

\$38.15



113146

Certainly Citrus Cookie Low Fat

160 x 1 oz

\$28.51

11135

Pineapple Raisin Cookie Healthy Choice

160 x 1 oz

\$28.51

We're on
the Web!

Please visit our
new & improved website . . .

www.oharmstrong.ca

Now Servicing New Brunswick and PEI

