

FoodService

Nova Scotia Owned and Operated



*Full Food Service
Distributors*



Now Servicing
New Brunswick and PEI

Pricing valid October 1st to 31st, 2017



ITEM #	MAIN COURSE	CASE	PORTION	KG
DELI				
122840	Skinless Shankless Leg Ham OHA		8 kg avg	\$4.87
123953	Pork / Beef Salami OHA		2 x 2 kg avg	\$5.60
122581	Cooked Ham Loaf OHA		3 kg avg	\$5.98
CHICKEN				
46927	Chicken Breast Fillet 42 x 96 gm Olymel	\$65.00	4 kg	
10571	Chicken Breast Bites Reuven	\$63.00	2 x 2 kg	
10610	Chicken Breaded Karaage Reuven	\$65.00	2 x 2 kg	
118637	Turkey Breast Roast Butterball		3 x 2.2 kg	\$13.00
701263	Spicy Chicken Breast Burger Olymel	\$40.00	4 kg	
187100	Plain Wings Fully Cooked (70-90 ct) Exceldor	\$50.00	4 kg	
515000	Chicken Breast BNLS Random 15%	\$28.00	4 kg	
BEEF				
121010	Diced Beef Eastern		5 kg	\$8.82
117225	Red Brand Ribeye Steaks 20 x 255 GM	\$159.00	4.5 kg	
850028	EMP Char Burgers 24 x 6 oz	\$36.00	4.8 kg	
128100	Bacon Wrapped Tenderloin 50 x 100 gm	\$157.00	5 kg	
160115	Tasty Burger Eastern 40 x 113 gm	\$32.00	5.3 kg	
EXTRA / EXTRA				
113058	Layer Bacon	\$60.00	5 kg avg	
123134	Bonte Donair Bites 300 pcs	\$56.00	6 kg	
SAUSAGE TO GO				
113331	Octoberfest Diner Sausage	\$27.30	5 kg	
360260	6.5" Wieners 7 lb Lesters	\$35.25	2 x 3 kg	

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We Reserve the right to correct any pricing errors.
All prices are subject to stock availability.
OH Armstrong branded products only available in Nova Scotia

ITEM #	DESCRIPTION	PACK SIZE	SALE PRICE
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161820	Bulk Pecan Tarts	48 x 85 gram	\$42.23
98060	Bulk Raisin Tarts	48 x 85 gram	\$29.20



164892	Lasagna Classico with Beef	4 x 6 lb	\$105.25
164885	Deluxe Mac & Cheese	3 x 4 lb	\$36.62
11689	Mac & Beef	4 x 4 lb	\$53.20















159097	8" Pie Shells	30 x 8"	\$31.41
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162200	10" Apple Pie	6 x 10"	\$35.00
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208116	100% Columbian Coffee	64 x 2.5 oz	\$96.45
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	ITEM #	DESCRIPTION	PACK SIZE	SALE PRICE
	196792	Margarita Mix	12 x 1L	\$45.66
	164091	Battered Mozzarella Sticks	2 x 1 kg	\$34.42
	207348	Pumpkin Pie Syrup Sugar Free	12 x 750 ml	\$85.69
	102402	Au Jus Instant Gravy Mix	12 x 121 g	\$36.58
	181243	Unsalted Sheet Butter Frozen	10 x 907 g	\$159.22
	162936	Pecan Pie Thaw and Serve	6 x 10"	\$59.91
	4993	Bartlett Pear Halves in Light Syrup	12 x 796 ml	\$35.97
	30061	Outdoor Fresh Dryer Sheets	12 x 34's	\$33.45
	231081	Tide To Go Stain Remover	6 x1 unit	\$21.60
	191180	Fruit Bowl Fruit Cocktail	24 x 113 ml	\$21.45
	191176	Apricot Halves in Natural Juice D	6 x 2.84 L	\$54.28
	173085	Asparagus Spears	4 x 1 kg	\$37.83
	174179	Onions Pearl IQF	5 x 1 kg	\$21.35
	172606	Fries SC 3/8 Skin On Bost M	6 x 5 lb	\$44.07